



Introducing Hawk TruStrength, invented to provide you with invaluable data-confidence for empowered decision-making about your athletes and patients. This wireless modular solution packs a big punch by providing precise biomechanical insights, allowing you to capture and view true data in real-time. Hawk TruStrength combines the aptitude of hand-held dynamometers with Hawk’s expertise in force plates.

Size	105 W X 80 H X 95 D mm
Weight	1.7 lbs (800g)
Sensor Type	S-Beam Strain Gauge
Resolution	1 N
Capacity	10,000 N / 1,000 kg Tension and Compression
Sampling Rate	1,200 Hz
Battery Life	8-hours (USB-C charging)
Metrics	Peak Force Average Force Average Net Force Total Impulse Net Impluse Peak RFD Duration Target Force Pretension